

SYLLABUS

Name of Course: Principles of Chiropractic Philosophy CPP – 117

Length of Course: 1.5 units, 22 hours (2 hours lecture/week)

Course Description:

Principles of Chiropractic Philosophy will present various aspects of the foundational concepts necessary to effectively understand and communicate the chiropractic message. The course will introduce the “3 legged stool” which creates balance in the profession and will emphasize chiropractic philosophy as the “why.” By introducing reasoning, critical thinking and the chiropractic principles, students will begin to develop a better understanding of why chiropractic will have a profound impact in their community and how they will best authentically express that. The class will explore multiple concepts including reasoning, universal intelligence, innate intelligence, cause and effect, and limitations of matter through open lecture and discussion, followed by individual and group writing assignments to check for understanding.

Prerequisites: None

Course Offered by: Chiropractic Philosophy and Principles Department

Required Text:

The Chiropractic Text Book, RW Stephenson, DC, PhC

Recommended Text:

Textbook of Chiropractic Philosophy by Rob Sinnott, DC, DPhCS

Chiropractic Philosophy by Joe Strauss, DC

One Cause, One Cure by Fred Barge, DC, PhC

Are You the Doctor, Doctor? By Fred Barge, DC, PhC

Reference Text: None

Materials: None

Method of Instruction:

- Students must read the assigned topics / chapters in the textbook as we progress through the quarter. This will be emphasized in class and is part of the student’s preparation for the assessment.
- The classroom will be an environment suitable for learning. Classroom discussions occur frequently and I encourage questions throughout the course. This means that all of us need to respect each other’s obligations and responsibilities.
- There will be frequent in class activities that involve group work and discussion. Most are worth points toward your course grade. Some will be applied as a portion of a major assessment. There are no make-ups if you are absent the day these “interactivities” or worksheets are done – see the college absence policy for the only allowable exceptions.

- A group based learning environment is often utilized. These are done in class and facilitated by the instructor throughout. Occasional lectures are also employed, but not necessarily in every class. Regular student interactivities are used to develop application and meaning to every aspect of the material. One of the primary goals in this course is to help you establish *a way to think* about concepts and topics we address.
- PowerPoint presentations will not be used in class, however I will provide lecture material and study material in class and via Canvas.
- **You will write and create in this class to demonstrate your ability to think about and apply the material. This is a process of discovery. Often times students are unaware of the gaps in knowledge or thinking that arise until they are challenged to write about the topics.**
- Computer Usage – not permitted or necessary in class

Evaluation / Grading Criteria:

In Class Submission:	25%
Reflections/Discussion	25%
Midway Assessment:	25%
<u>Final Assessment:</u>	<u>25%</u>
TOTAL:	100%
A 4.0 Superior Work	89.5 - 100%
B 3.0 Above Average	79.5 - 89.4%
C 2.0 Average	69.5 - 79.4%
F 0.0 Failure	0 – 69.4%

Extra Credit: None available at this time – subject to revision

Grades and the Grading System Final Grades are available online through the CAMS student portal. If there are any questions on grading procedures, computation of grade point average, or the accuracy of the grade report, please contact the Registrar’s Office or the Office of Academic Affairs. Grades will be reported and evaluation will be based on the Academic Policies, Procedures, & Services. Please refer to Evaluation Policy (**Policy ID: OAA.0007**)

In order to maintain **Satisfactory Academic Progress**, a student must maintain a 2.0 or better in each and every course. **Any grade less than a C must be remedied by repeating the class.** Please refer to Satisfactory Academic Progress (**Policy ID: OAA.0006**)

Attendance: Please refer to Attendance Policy (**Policy ID: OAA.0002**)

Conduct and Responsibilities: Please refer to the Personal Conduct, Responsibility and Academic Responsibility Policy (**Policy ID: OAA.0003**)

Make-up Exams: Please refer to Make-up Assessment Policy (**Policy ID: OAA.0001**)

Request for Special Testing: Please refer to Request for Special Testing (**Policy ID: OAA.0004**)

**Accommodation
for Students with Disabilities:**

If you have approved accommodations, please make an appointment to meet with your instructor as soon as possible. If you believe you require an accommodation, but do not have an approved accommodation letter, please see the Academic Counselor Lori Pino in the Office of Academic Affairs. Contact info: Lpino@lifewest.edu or 510-780-4500 ext. 2061. Please refer to Service for Students with Disabilities Policy (**Policy ID: OAA.0005**)

Electronic Course Management:

Canvas is LCCW's Learning Management System (LMS). Canvas will be used throughout the quarter during this course. Lectures, reminders, and messages will be posted. In addition, documents such as the course syllabus and helpful information about the class project will be posted. Students are expected to check Canvas at least once a week in order to keep updated. The website address for Canvas is <https://lifewest.instructure.com/login/canvas> Please refer to the Educational Technologies Policy (**Policy ID: OAA.0009**)

Course Goals:

The goal of the course is to develop a foundational understanding of the traditional chiropractic philosophy outlined by our founders. This understanding is developed through a historical perspective of the beginnings of chiropractic philosophy. Discussion is centered on the development of a new healthcare paradigm and the fundamental differences between a vitalistic and allopathic approach to health. Emphasis is given to the philosophical perspectives that will shape practical application in a clinical setting.

Course Calendar:

NOTE: *Missed sessions due to scheduled holidays does not excuse the student from the responsibility of learning the material and staying current. Always check the canvas page for online activities and updates.*

- Week 1:** Critical Thinking Assessment; Introduction to Chiropractic Philosophy
- Week 2:** Introduction to Chiropractic Philosophy; Developing a Foundation; Introduction to Reasoning: Inductive vs. Deductive
- Week 3:** Overview of Essentials: 33 Principles; Major Premise, Chiropractic Meaning of Life; Universal & Innate Intelligence
- Week 4:** Principles continued; Triune of Life; Signs of Life
- Week 5:** **Midway Assessment**
- Week 6:** Cause and Effect; Subluxation; 3 T's
- Week 7:** Subluxation continued; Simple Cycle; Limitations of Matter

Week 8: Introduction to Complete Cycle

Week 9: Bringing it Together: Communicating Chiropractic Philosophy

Week 10: Bringing it Together: Practical Application of Chiropractic Philosophy

Student Learning Outcomes (SLO): At the completion of the CPP-117 course, a student should be able to:

1. Identify and apply components of the Paul Elder Model of Critical Thinking [PLO: 1,6,10]
2. Develop a practical knowledge of the lexicon, philosophical tenets and Chiropractic principles introduced in the course. [PLO: 4,8,10]
3. Apply and integrate the Paul Elder Model as an analytical model for evaluation, reflection, and discussion of various topics and Chiropractic Concepts. [PLO: 4,8,10]

Program Learning Outcomes (PLO): Students graduating with a Doctor of Chiropractic degree will be proficient in the following:

1. **ASSESSMENT AND DIAGNOSIS:** An assessment and diagnosis requires developed clinical reasoning skills. Clinical reasoning consists of data gathering and interpretation, hypothesis generation and testing, and critical evaluation of diagnostic strategies. It is a dynamic process that occurs before, during, and after the collection of data through history, physical examination, imaging, laboratory tests and case-related clinical services.
2. **MANAGEMENT PLAN:** Management involves the development, implementation and documentation of a patient care plan for positively impacting a patient's health and well-being, including specific therapeutic goals and prognoses. It may include case follow-up, referral, and/or collaborative care.
3. **HEALTH PROMOTION AND DISEASE PREVENTION:** Health promotion and disease prevention requires an understanding and application of epidemiological principles regarding the nature and identification of health issues in diverse populations and recognizes the impact of biological, chemical, behavioral, structural, psychosocial and environmental factors on general health.
4. **COMMUNICATION AND RECORD KEEPING:** Effective communication includes oral, written and nonverbal skills with appropriate sensitivity, clarity and control for a wide range of healthcare related activities, to include patient care, professional communication, health education, and record keeping and reporting.
5. **PROFESSIONAL ETHICS AND JURISPRUDENCE:** Professionals comply with the law and exhibit ethical behavior.
6. **INFORMATION AND TECHNOLOGY LITERACY:** Information literacy is a set of abilities, including the use of technology, to locate, evaluate and integrate research and other types of evidence to manage patient care.
7. **CHIROPRACTIC ADJUSTMENT/MANIPULATION:** Doctors of chiropractic employ the adjustment/manipulation to address joint and neurophysiologic dysfunction. The adjustment/manipulation is a precise procedure requiring the discrimination and identification of dysfunction, interpretation and application of clinical knowledge; and, the use of cognitive and psychomotor skills.
8. **INTERPROFESSIONAL EDUCATION:** Students have the knowledge, skills and values necessary to function as part of an inter-professional team to provide patient-centered collaborative care. Inter-professional teamwork may be demonstrated in didactic, clinical or simulated learning environments.
9. **BUSINESS:** Assessing personal skills and attributes, developing leadership skills, leveraging talents and strengths that provide an achievable expectation for graduate success. Adopting a systems-based approach to business operations. Networking with practitioners in associated fields with chiropractic, alternative medicine and allopathic medicine. Experiencing and acquiring the hard business skills required to open and operate an on-going business concern. Participating in practical, real time events that promote business building and quantifiable marketing research outcomes
10. **PHILOSOPHY:** Demonstrates an ability to incorporate a philosophically based Chiropractic paradigm in approach to patient care. Demonstrates an understanding of both traditional and contemporary Chiropractic philosophic concepts and principles. Demonstrates an understanding of the concepts of philosophy, science, and art in chiropractic principles and their importance to chiropractic practice.