#### **SYLLABUS**

Name of Course: CPP-117 – Principles of Chiropractic Philosophy

**Length of Course:** 22 hours, 1.5 units

<u>Course Description:</u> Principles of Chiropractic Philosophy will present various aspects of the foundational concepts necessary to effectively understand and communicate the chiropractic message. The course will introduce the "3-legged stool" which creates balance in the profession and will emphasize chiropractic philosophy as the "why." By introducing reasoning, critical thinking and the chiropractic principles, students will begin to develop a better understanding of why chiropractic will have a profound impact in their community and how they will best authentically express that. The class will explore multiple concepts including reasoning, universal intelligence, innate intelligence, cause and effect, and limitations of matter through open lecture and discussion, followed by individual and group writing assignments to check for understanding

Prerequisites: None

**Course Offered by:** Department of Chiropractic Philosophy and Principles

Required Text: The Chiropractic Textbook by RW Stephenson, DC, PhC

Recommended Text: Textbook of Chiropractic Philosophy by Rob Sinnott, DC, DPhCS
The 4 Agreements by John Miguel Ruiz

**Materials:** All material outside of required text will be provided.

**Method of Instruction**: Lecture, group discussion, interactive assignments

**Evaluation/Grading Criteria:** Standard grading criteria will apply to all writing

(grammar, punctuation, developed thought, etc.).

There will be no late submissions of any

assignments.

5 Branches Comment Sheet 10 points

Chiropractic Worksheet 5 points Reflection Paper 15 points

NCC Comment Sheet 10 points

Mid-term Exam 25 points Final Exam 35 points

<u>Grades and the Grading System Final Grades</u> are available online through the CAMS student portal. If there are any questions on grading procedures, computation of grade

point average, or the accuracy of the grade report, please contact the Registrar's Office or the Office of Academic Affairs. Grades will be reported and evaluation will be based on the Academic Policies, Procedures, & Services. Please refer to Evaluation Policy (Policy ID: OAA.0007)

In order to maintain <u>Satisfactory Academic Progress</u>, a student must maintain a 2.0 or better in each and every course. Any grade less than a C must be remedied by repeating the class. Please refer to Satisfactory Academic Progress <u>(Policy ID: OAA.0006)</u>

**Attendance:** Please refer to Attendance Policy (Policy ID: OAA.0002)

**Conduct and Responsibilities**: Please refer to the Personal Conduct, Responsibility and Academic Responsibility Policy (Policy ID: OAA.0003)

Make-up Exams: Please refer to Make-up Assessment Policy (Policy ID: OAA.0001)

**Request for Special Testing**: Please refer to Request for Special Testing (Policy ID: OAA.0004)

Accommodation for Students with Disabilities: If you have approved accommodations, please make an appointment to meet with your instructor as soon as possible. If you believe you require an accommodation, but do not have an approved accommodation letter, please see the Academic Counselor Lori Pino in the Office of Academic Affairs. Contact info: Lpino@lifewest.edu or 510-780-4500 ext. 2061. Please refer to Service for Students with Disabilities Policy (Policy ID: OAA.0005)

**Electronic Course Management**: Canvas is LCCW's Learning Management System (LMS). Canvas will be used throughout the quarter during this course. Lectures, reminders, and messages will be posted. In addition, documents such as the course syllabus and helpful information about the class project will be posted. Students are expected to check Canvas at least once a week in order to keep updated. The website address for Canvas is https://lifewest.instructure.com/login/canvas Please refer to the Educational Technologies Policy (Policy ID: OAA.0009)

**Course Goals**: To establish baseline leadership and social entrepreneurial skills and set the stage for innovative thinking, high performance team building, and future success.

## **Course Outline:**

**Note:** weekly objectives and plans may be subject to change based on lecturer and material availability

**Week 1** Introduction, course goals, outcomes and expectations will be addressed. All assignments and grading will be discussed. Introduction to Chiropractic and the 5 Branches of Philosophy

Week 2 Discuss Chiropractic, Salutogenesis, Subluxation and Healthcare Paradigms

### 5 Branches of Philosophy Comment Sheet due Week 2

**Week 3** Introduction to the 33 Principles of Chiropractic including the Major Premise, Triune of Life, the Principle of Time, Cause and Effect and the Signs of Life

# **Chiropractic Worksheet due Week 3**

**Week 4** Continuation of discussion on the 33 principles including the Evidence of Life, Innate Intelligence, Demand and Supply and Coordination. Will also look at the Inner Power Speaks and the Big Idea

Week 5 Discussion of the Chiropractic Lexicon and Introduction to Cycles (Safety-pin)

Week 6 Mid-term

Week 7 Normal Complete Cycle, Fractal Biology and Integral Theory

Week 8 The Neurophysiology of Subluxation

#### **Reflection Paper due Week 8**

Week 9 Specificity, Analysis, Reverence, the Adjustment and the No Adjustment

#### Normal Complete Cycle Comment sheet due Week 9

Week 10 Practical Application, the Domino Effect and Review for final exam

Week 11 Final Exam

#### **Student Learning Outcomes**

At the completion of the course, the student should be able to:

- 1. Develop a practical knowledge of the lexicon and philosophical tenets introduced in the course. [PLO: 4a, 4b, 8a, 8b, 10]
- 2. Understand Stephenson's 33 principles of Chiropractic. [PLO: 10]

- 3. Be able to apply how to relate the principles of Chiropractic into practice and life [PLO: 4a, 4b, 10]
- 4. Discuss how the 5 Branches of Philosophy apply to Chiropractic [PLO: 4a, 4b, 10]

## **Program Learning Outcomes (PLO):**

Students graduating with a Doctor of Chiropractic degree will be proficient in the following:

- 1. ASSESSMENT AND DIAGNOSIS: An assessment and diagnosis requires developed clinical reasoning skills. Clinical reasoning consists of data gathering and interpretation, hypothesis generation and testing, and critical evaluation of diagnostic strategies. It is a dynamic process that occurs before, during, and after the collection of data through history, physical examination, imaging, laboratory tests and case-related clinical services.
- **2. MANAGEMENT PLAN:** Management involves the development, implementation and documentation of a patient care plan for positively impacting a patient's health and wellbeing, including specific therapeutic goals and prognoses. It may include case follow-up, referral, and/or collaborative care.
- **3. HEALTH PROMOTION AND DISEASE PREVENTION**: Health promotion and disease prevention requires an understanding and application of epidemiological principles regarding the nature and identification of health issues in diverse populations and recognizes the impact of biological, chemical, behavioral, structural, psychosocial and environmental factors on general health.
- **4. COMMUNICATION AND RECORD KEEPING**: Effective communication includes oral, written and nonverbal skills with appropriate sensitivity, clarity and control for a wide range of healthcare related activities, to include patient care, professional communication, health education, and record keeping and reporting.
- **5. PROFESSIONAL ETHICS AND JURISPRUDENCE:** Professionals comply with the law and exhibit ethical behavior.
- **6. INFORMATION AND TECHNOLOGY LITERACY:** Information literacy is a set of abilities, including the use of technology, to locate, evaluate and integrate research and other types of evidence to manage patient care.
- **7. CHIROPRACTIC ADJUSTMENT/MANIPULATION:** Doctors of chiropractic employ the adjustment/manipulation to address joint and neurophysiologic dysfunction. The adjustment/manipulation is a precise procedure requiring the discrimination and identification of dysfunction, interpretation and application of clinical knowledge; and, the use of cognitive and psychomotor skills.

- **8. INTERPROFESSIONAL EDUCATION:** Students have the knowledge, skills and values necessary to function as part of an inter-professional team to provide patient-centered collaborative care. Interprofessional teamwork may be demonstrated in didactic, clinical or simulated learning environments.
- **9. BUSINESS:** Assessing personal skills and attributes, developing leadership skills, leveraging talents and strengths that provide an achievable expectation for graduate success. Adopting a systems-based approach to business operations. Networking with practitioners in associated fields with chiropractic, alternative medicine and allopathic medicine. Experiencing and acquiring the hard business skills required to open and operate an on-going business concern. Participating in practical, real time events that promote business building and quantifiable marketing research outcomes
- **10. PHILOSOPHY:** Demonstrates an ability to incorporate a philosophically based Chiropractic paradigm in approach to patient care. Demonstrates an understanding of both traditional and contemporary Chiropractic philosophic concepts and principles. Demonstrates an understanding of the concepts of philosophy, science, and art in chiropractic principles and their importance to chiropractic practice.