

## Chiropractic Technique at Life Chiropractic College West

Life West has a well-established reputation in the chiropractic community for putting out graduating doctors who are outstanding adjustors. Many people remark upon the proficiency of recent Life West graduates and how quickly they are able to help their patients and build a successful practice. You will want to be a great adjustor because it is one of the most critical components of your success after graduating.

But, being a great adjustor is more than just the ability to move bones in the spine.

- Great adjustors **learn technique as systems**. A technique system is made up of the tools of analysis to determine where and when to adjust the spine, and a process to affect long term changes in spinal health based upon an understanding of the complex interrelation between spinal units. Great technique is much more than moving bones!
- Great adjustors **know and can utilize a variety of technique systems** and choose the technique they will use in any situation based on their patient's unique needs.
- Great adjustors **specialize** in one or two technique systems and hone those skills to a very high level.
- Great adjustors have **confidence** in their knowledge of the spine and all its fascinating components and are very **competent** in delivering a high level physical performance.

At Life West, you will get your hands on the spine early and often. You will learn technique from world class teachers who are still in active practice. You will have access to technique open labs where you can practice your skills with assistance from faculty every day. You will have more opportunities to learn more techniques than any other chiropractic college anywhere!

Life West has created a lasting culture of truly great technique instruction and competency. Life West boasts the largest and most diverse catalog of technique systems taught in the core curriculum of any chiropractic school in the world.

At Life West, we teach many types of techniques which can be used in very different situations. This broad education includes a number of upper cervical techniques, sports injury work, techniques for pregnancy, infant and child adjusting and techniques geared for working with seniors.

### The 13 techniques in the Life West Core Curriculum are:

- |         |            |               |                           |
|---------|------------|---------------|---------------------------|
| • NUCCA | • Thompson | • Diversified | • Network Spinal Analysis |
| • CBP   | • Blair    | • Activator   | • Atlas Orthogonal        |
| • SOT   | • Toggle   | • Knee Chest  | • Gonstead                |
|         |            |               | • Extremities             |

But the learning doesn't stop there! Life Chiropractic College West also offers numerous technique electives and clubs for those who wish to pursue advanced learning and gain hands-on experience in techniques.

To learn more about these techniques and how they can help you succeed in business, contact the Admissions Office at **510-780-4501**.