## **SYLLABUS**

Name of Course: CPP- 434 Chiropractic Philosophy in Practice (Philosophy 5)

**Length of Course:** 1.5 Units, 22 hours

**Course Description:** This is an interactive, process-oriented course in

which students draw from their clinical experience and concepts from previous philosophy classes. Emphasis

is upon practical application of philosophy and

transition from the role of student to the role of doctor.

Prerequisites: CPP-328

**Course Offered by:** Chiropractic Philosophy and Principles Department

**Required Text:** Stephenson RW <u>Chiropractic Textbook</u>. 1948, c1927

**Reference Texts:** Sinnott R. <u>Textbook of Chiropractic Philosophy</u> 2009

Materials: Handouts

**Method of Instruction:** Lecture, classroom exercises and activities as well as some take

home exercises.

Evaluation/Grading Criteria: There is a total of 100 points available in the

course. Class Assignments25%(25 points)Mid-term Exam:25%(25 points)Final Exam25%(25 points)Participation25%(25 points)Total Points100 Points

(Assessments consist of class participation, in class assignments and take home exams)

**Grading Procedure:** – Based on College Policies

A Superior work 90 - 100%
B Above average work 80 - 89%
C Average work 70 - 79%
F Failure – must repeat 69% or below

<u>Grades and the Grading System Final Grades</u> are available online through the CAMS student portal. If there are any questions on grading procedures, computation of grade point average, or the accuracy of the grade report, please contact the Registrar's Office or the Office of Academic Affairs. Grades will be reported and evaluation will be based on the

Academic Policies, Procedures, & Services. Please refer to Evaluation Policy (Policy ID: OAA.0007)

In order to maintain <u>Satisfactory Academic Progress</u>, a student must maintain a 2.0 or better in each and every course. Any grade less than a C must be remedied by repeating the class. Please refer to Satisfactory Academic Progress (<u>Policy ID: OAA.0006</u>)

Attendance: Please refer to Attendance Policy (Policy ID: OAA.0002)

Conduct and

**Responsibilities:** Please refer to the Personal Conduct, Responsibility and Academic

Responsibility Policy (Policy ID: OAA.0003)

Make-up Exams: Please refer to Make-up Assessment Policy (Policy ID: OAA.0001)

Request for

**Special Testing:** Please refer to Request for Special Testing (Policy ID: OAA.0004)

## Accommodation for Students with Disabilities:

If you have approved accommodations, please make an appointment to meet with your instructor as soon as possible. If you believe you require an accommodation, but do not have an approved accommodation letter, please see the Academic Counselor Lori Pino in the Office of Academic Affairs. Contact info: <a href="mailto:Lpino@lifewest.edu">Lpino@lifewest.edu</a> or 510-780-4500 ext. 2061. Please refer to Service for Students with Disabilities Policy (Policy ID: OAA.0005)

## **Electronic Course Management:**

**Canvas** is LCCW's Learning Management System (LMS). Canvas will be used throughout the quarter during this course. Lectures, reminders, and messages will be posted. In addition, documents such as the course syllabus and helpful information about the class project will be posted. Students are expected to check Canvas at least once a week in order to keep updated. The website address for Canvas is

https://lifewest.instructure.com/login/canvas Please refer to the Educational Technologies Policy (Policy ID: OAA.0009)

## Course Goals:

- Aid in the maturation of the Chiropractic student
- Provide an opportunity to articulate and discuss the principles of Chiropractic in a variety of environments
- Deepen the students understanding of Chiropractic Philosophy.
- Further develop contextual relevance for Chiropractic in the healthcare environment
- Begin translating your message of Chiropractic into a language that will best appeal to your target audience
- Use innovative technology to promote the philosophy of Chiropractic

Weekly Learning Objectives: (outline, activities, and guest events are subject to revision)

Week 1: Introduction of class, Introduction of the Mechanistic vs Vitalistic spectrum,

followed by general class discussion on communicating the chiropractic philosophy to different types of people on the spectrum. Last hour of class is a presentation on A Vitalistic Perspective of Momentum, focusing on the application to daily patient care.

- Week 2: Class discussion on communication chiropractic philosophy to patients, from the context of what's wrong with me, why am I getting worse, discussion over function vs feeling. Last hour of class is a presentation on the Genius of DD's Mind, a historical look at DD's progression of Life, Health, Tone and the development of the Chiropractic Philosophy.
- **Week 3**: Topic discussion, using analogies, metaphors and stories to relate to the topic of chiropractic. Creating a one or two paragraph blog that relates to chiropractic and how to use those topics to create office talks and table talks centered on chiropractic followed by a class discussion and presentation over the rough draft of the topics.
- **Week 4**: A historical look at spinal care throughout the ages and the focus on the nerve related functions followed by class discussion on application of Tone, nerve related function and clinical application.
- **Week 5**: Documentary on the potential of the human mind.
- **Week 6**: A review of the 33 principles and a class discussion on their application in day to day practice.
- **Week 7**: Guest lecturer Dr. Ian Tremayne will discuss what life is like in practice.
- **Week 8**: Q and A session with Dr. McKillican on opening and running a philosophically focused chiropractic office.
- **Week 9**: Review and class discussion on Normal Complete Cycle and how the cycles of healing relate to clinical practice. Discussion on clinical application of nine primary functions.
- Week 10: In class discussion on adaptability, Images of various dry spine specimens will be shown.
  - Class will be broken up into groups and each group will discuss and prepare a statement on how innate intelligence adapted the spine for protection.

**Student Learning Outcomes (SLO):** At the completion of the CPP-434 course, a student should be able to:

- 1. Prepare the new doctor of chiropractic to engage and communicate the philosophy of chiropractic in a doctor patient practice environment. [PLO: 3, 4, 8, 9, 10]
- 2. Gain a deeper understanding of the fundamental tenants of chiropractic philosophy and its relationship to clinical practice. [PLO: 3, 4,8,9,10]

3. The goal is to reignite the passion for chiropractic in the graduating doctor about the history and foundational principles governing chiropractic. Helping them educate and shift the public perception toward a vitalistic paradigm of life and health. [PLO: 3, 4,8,9,10]

<u>Program Learning Outcomes (PLO):</u> Students graduating with a Doctor of Chiropractic degree will be proficient in the following:

- 1. **ASSESSMENT AND DIAGNOSIS:** An assessment and diagnosis requires developed clinical reasoning skills. Clinical reasoning consists of data gathering and interpretation, hypothesis generation and testing, and critical evaluation of diagnostic strategies. It is a dynamic process that occurs before, during, and after the collection of data through history, physical examination, imaging, laboratory tests and case-related clinical services.
- 2. MANAGEMENT PLAN: Management involves the development, implementation and documentation of a patient care plan for positively impacting a patient's health and well-being, including specific therapeutic goals and prognoses. It may include case follow-up, referral, and/or collaborative care.
- 3. HEALTH PROMOTION AND DISEASE PREVENTION: Health promotion and disease prevention requires an understanding and application of epidemiological principles regarding the nature and identification of health issues in diverse populations and recognizes the impact of biological, chemical, behavioral, structural, psychosocial and environmental factors on general health.
- 4. COMMUNICATION AND RECORD KEEPING: Effective communication includes oral, written and nonverbal skills with appropriate sensitivity, clarity and control for a wide range of healthcare related activities, to include patient care, professional communication, health education, and record keeping and reporting.
- 5. PROFESSIONAL ETHICS AND JURISPRUDENCE: Professionals comply with the law and exhibit ethical behavior.
- **6. INFORMATION AND TECHNOLOGY LITERACY**: Information literacy is a set of abilities, including the use of technology, to locate, evaluate and integrate research and other types of evidence to manage patient care.
- 7. CHIROPRACTIC ADJUSTMENT/MANIPULATION: Doctors of chiropractic employ the adjustment/manipulation to address joint and neurophysiologic dysfunction. The adjustment/manipulation is a precise procedure requiring the discrimination and identification of dysfunction, interpretation and application of clinical knowledge; and, the use of cognitive and psychomotor skills.
- **8. INTERPROFESSIONAL EDUCATION**: Students have the knowledge, skills and values necessary to function as part of an inter-professional team to provide patient-centered collaborative care. Inter-professional teamwork may be demonstrated in didactic, clinical or simulated learning environments.
- 9. BUSINESS: Assessing personal skills and attributes, developing leadership skills, leveraging talents and strengths that provide an achievable expectation for graduate success. Adopting a systems-based approach to business operations. Networking with practitioners in associated fields with chiropractic, alternative medicine and allopathic medicine. Experiencing and acquiring the hard business skills required to open and operate an on-going business concern. Participating in practical, real time events that promote business building and quantifiable marketing research outcomes

10. PHILOSOPHY: Demonstrates an ability to incorporate a philosophically based Chiropractic paradigm in approach to patient care. Demonstrates an understanding of both traditional and contemporary Chiropractic philosophic concepts and principles. Demonstrates an understanding of the concepts of philosophy, science, and art in chiropractic principles and their importance to chiropractic practice.